

Year 3 Knowledge Organiser PSHE: Dreams and Goals

Key Vocabulary

obstacles	future	aspirations
enterprise	motivated	enthusiastic
solution	review	evaluate



What I need to know

- I know about specific people who have overcome difficult challenges to achieve success
- I know what dreams and ambitions are important to me
- I know how I can best overcome learning challenges
- I know that I am responsible for my own learning
- I know what my own strengths are as a learner
- I know what an obstacle is and how they can hinder achievement
- I know how to take steps to overcome obstacles
- I know how to evaluate my own learning progress and identify how it can be better next time



Social and Emotional skills

- I recognise other people's achievements in overcoming difficulties
- I imagine how it will feel when I achieve my dream / ambition
- I can break down a goal into small steps
- I recognise how other people can help me to achieve my goals
- I can manage feelings of frustration linked to facing obstacles
- I can share my success with others
- I can store feelings of success (in my internal treasure chest) to be used at another time